

## 2023 PACIFIC GAMES & OCEANIA CHAMPIONSHIPS PRELIMINARY SCHEDULE

MONDAY 20 <sup>TH</sup> NOVEMBER			
SESSION	CATEGORIES	WEIGHIN	PRESENTATION
1	F45/F49	08:00	10:00
2	M55	10:30	12:30
3	F55	13:00	15:00
4	M61	15:30	17:30
TUESDAY 21 <sup>ST</sup> NOVEMBER			
SESSION	CATEGORIES	WEIGHIN	PRESENTATION
5	M67	08:00	10:00
6	F59	10:30	12:30
7	M73	13:00	15:00
8	F64	15:30	17:30
WEDNESDAY 22 <sup>ND</sup> NOVEMBER			
SESSION	CATEGORIES	WEIGHIN	PRESENTATION
10	M81	08:00	10:00
11	F71	10:30	12:30
12	M89	13:00	15:00
13	F76	15:30	17:30
THURSDAY 23 <sup>RD</sup> NOVEMBER			
SESSION	CATEGORIES	WEIGHIN	PRESENTATION
10	M96	08:00	10:00
11	F81	10:30	12:30
12	M102	13:00	15:00
13	F87	15:30	17:30
FRIDAY 24 <sup>TH</sup> NOVEMBER			
SESSION	CATEGORIES	WEIGHIN	PRESENTATION
10	M109	06:00	08:00
11	F87+	08:00	10:00
12	M109+	10:00	12:00